



Child-Centered Play Kits

ChildSavers works with small groups of up to 10 parents each summer, fall, and spring through our Powerful Parenting program. This is a group for parents who wish to track their children's moods and developmental needs via purposeful, attentive, and child-centered play time. This play allows the parent to develop a mental framework for understanding children's play, equip caregivers with tools and techniques for enhancing relationships with their children, and reduces caregiving stress while increasing caregivers' confidence. We are always seeking groups of any size to help us purchase and assemble these valuable caregiving tools. You may complete this project on or off site.

Each parent receives a kit of the following play supplies:

- Play food and dishes
- Baby doll with bottle, stethoscope, and outfit
- Vehicles (2)
- Play money with wallet
- Aggressive animal
- Action figures (2)
- Foam pool noodle cut in two
- Soft ball
- Balloons
- Clay or playdoh
- Crayon pack
- Round tip scissors
- Clear tape (2 rolls)
- Blanket
- Container for supplies

Many children experience roadblocks to normal development due to traumatic experiences. The best mental health research available shows that children use a variety of types of play to heal and repair the effects of trauma – including rescue play, social play, creative play, nurturing play, and competitive play. By assembling these kits, you are allowing parents to hone their caregiving skills in understanding children's play and to support their children's natural healing process. Each kit will go to a caregiver who has made a commitment to support their child's healing but cannot afford to procure this assortment of imaginative play supplies.

Suggested shopping list:

- I. Play food and dishes – \$12.99, https://smile.amazon.com/Melissa-Doug-Food-Groups-Hand-Painted/dp/B0000BX8MA/ref=sr_l_5?s=toys-and-games&ie=UTF8&qid=1527795555&sr=1-5&keywords=play+food

2. Baby doll with bottle, diaper, medical toys – \$19.12, https://smile.amazon.com/Baby-Alive-Better-African-American/dp/B0125KRC0S/ref=sr_l_23?s=toys-and-games&ie=UTF8&qid=1527795731&sr=1-23&keywords=baby+doll+african+american
3. Small action figures – 3 in each set, est. \$1 each, buy in bulk...
 - a. e.g. – https://smile.amazon.com/Pokemon-Exclusives-72-Pcs-Set/dp/B0733YD5LL/ref=sr_l_28_sspa?s=toys-and-games&ie=UTF8&qid=1527796119&sr=1-28-spons&keywords=variety+pack+action+figures&psc=1
 - b. e.g. – https://smile.amazon.com/Emoji-Party-Favors-Stocking-Bendables/dp/B01N0A0WWN/ref=sr_l_1?s=toys-and-games&ie=UTF8&qid=1527796198&sr=1-1&keywords=variety+pack+action+figures
4. Vehicles – 2 in each set, less than \$1 each, buy multiples, https://smile.amazon.com/Assorted-Plastic-Vehicle-Funcorn-Toys/dp/B071ZBH6KZ/ref=sr_l_4?s=toys-and-games&ie=UTF8&qid=1527796289&sr=1-4&keywords=plastic+cars
5. Play money – \$10.00, https://smile.amazon.com/Melissa-Doug-Pretend-to-Spend-Play-Wallet/dp/B071FNQDT5/ref=sr_l_9?s=toys-and-games&ie=UTF8&qid=1527796824&sr=1-9&keywords=play+money
6. Aggressive animal – less than \$1 each, buy in a set, e.g. https://smile.amazon.com/12-Assorted-Plastic-Dinosaurs-figures/dp/B00362TR2Q/ref=sr_l_3?s=toys-and-games&ie=UTF8&qid=1527796743&sr=1-3&keywords=medium++plastic+animals
7. Foam pool noodle cut in two – \$3.75 each, \$18.49 for pack of 5, https://smile.amazon.com/pack-inch-flexible-colorful-noodles/dp/B004UHED0C/ref=sr_l_7?s=toys-and-games&ie=UTF8&qid=1527796907&sr=1-7&keywords=foam+noodle
8. Soft ball – \$3.99, https://smile.amazon.com/POOF-Inch-Basketball-Assorted-Colors/dp/B0002TMY1C/ref=sr_l_12?s=toys-and-games&ie=UTF8&qid=1527796994&sr=1-12&keywords=nerf+ball
9. Balloons – 10 in each pack, less than 0.50 for 10, buy in bulk, https://smile.amazon.com/PartyWoo-Assorted-Jewel-Toned-Balloons/dp/B003BXO9HI/ref=sr_l_1?s=toys-and-games&ie=UTF8&qid=1527797060&sr=1-1&keywords=pack+of+balloons
10. Modeling clay, \$6.14, https://smile.amazon.com/Crayola-Modeling-Clay-Ounces-Basic/dp/B011Q25T6K/ref=sr_l_8?s=arts-crafts&ie=UTF8&qid=1527797150&sr=1-8&keywords=clay+variety+pack
11. Crayon pack, less than \$1 each, buy a 12 pack for \$10.32, https://smile.amazon.com/Bulk-Buy-Crayola-Crayons-52-3008/dp/B002OF2C50/ref=sr_l_8?s=arts-crafts&ie=UTF8&qid=1527797209&sr=1-8&keywords=crayon+box
12. Round tip scissors – \$2.65 each, https://smile.amazon.com/Stanley-5-Inch-Scissors-Assorted-Colors/dp/B00LJO8008/ref=sr_l_5?s=arts-crafts&ie=UTF8&qid=1527797290&sr=1-5&keywords=round+tip+scissors
13. Paper pack – 25 sheets per kit, \$11 for 500 sheets (20 kits), https://smile.amazon.com/Pacon-Lightweight-Construction-Assorted-Colors/dp/B0013CDJTS/ref=sr_l_4?s=arts-crafts&ie=UTF8&qid=1527797339&sr=1-4&keywords=construction%2Bpaper%2Bpacks&th=1&psc=1

14. Clear tape (2 rolls) – \$2, buy in 10-pack, https://smile.amazon.com/Invisible-Tape-4x1000-Clear-BSN32953/dp/B0030FCG1S/ref=sr_l_l_sspa?s=arts-crafts&ie=UTF8&qid=1527797436&sr=1-1-spons&keywords=clear+tape&psc=1
15. Blanket -- \$7.97, https://smile.amazon.com/Imperial-Home-Fleece-Throw-Blanket/dp/B00PCZIXVG/ref=sr_l_2?s=home-garden&ie=UTF8&qid=1527797570&sr=1-2&keywords=blanket
16. Storage tote – \$15.50, buy in a 4-pack, https://smile.amazon.com/STERILITE-19889804-Quart-Latches-4-Pack/dp/B001RCUNJ8/ref=sr_l_4?s=home-garden&ie=UTF8&qid=1527797637&sr=1-4&keywords=storage+tote