

Children's Mental Health Services

1 in 5 children in Richmond may experience a mental health crisis.

Yet, only about 2,000 (3%), have access to the therapy they need. Repeated trauma changes a child. While any child can experience trauma, there's a higher incidence for children and families living in poverty. Despite these challenges, there is hope.



Building Resilience

Multiple Adverse Childhood Experiences (ACEs) can lead to a child dropping out of school, becoming incarcerated, and developing chronic diseases as an adult.

We understand that the universal prescription for trauma is resilience. By building resilience in our community's children, ChildSavers is investing in a safe, healthy, and happy generation.

A Trauma-Informed Approach

Instead of asking, "What's wrong with that child?", we must ask "What happened to that child?"

When we view life through a trauma-informed lens, we can understand the bigger picture and treat the issue rather than its side effects.



Clinic-Based Therapy

Our evidence-based approach focuses on the client's individual needs and includes play, art, and sand tray therapy. Outpatient therapy is available to all children living in the Greater Richmond area.



School-Based Therapy

We've placed full-time clinicians in seven Richmond Public Schools. This partnership allows our therapists to become part of the school community and serve children where they learn and play.



Immediate Response

Our Immediate Response therapists are available 24/7 to intervene at the scene of trauma. Their goal is to help prevent or lessen the severity of future mental health and behavioral issues.