







We are pleased to be able to continue to offer you quality trainings through a virtual platform during these unprecedented times.






To keep our attendance lists most accurate, we ask that you do not share the meeting link with anyone. If you are registering multiple people from your staff for training, please make sure we have a list of who will be attending in advance. **We need to know who is in our audience, as this will help us to send feedback surveys and certificates to the correct people.**






Please know that failure to follow this process may prevent you from joining a training session.





Here are some other items to keep in mind to make our trainings the best they can be:






- Join the training a few minutes early, particularly if you are not familiar with attending Zoom. In addition, be sure you take some time to make sure the device you will use for the training is charged and ready to go! Check compatibility guidelines by clicking on the link prior to the event.
- Problems with the link? If for some reason your link does not take you directly to the training, go to www.zoom.us. Click “join meeting” at the top of the screen and enter the meeting ID and password provided.
- Be aware that the video feature will be used. It is both helpful to the conversation and nice to connect with faces! Keep this in mind and present yourself in a way you feel comfortable, yet professional.
- Avoid walking around with your device as you participate in the training! If your video feature is on, you are taking us with you - this can be very distracting.
- Join the training from a quiet space. You may be muted by the trainer to eliminate background noise.
- Use the “Chat” feature if you have a question specific to your classroom/home settings and we can arrange a time to talk in more details afterwards. As the training event is just one hour, there will not be much time to address individual concerns during the event.
- Be an active participant! Come ready to share your thoughts with others. Our trainers love learning from their participants.
- Plan to learn and have fun!
- Lastly, for security purposes, you may be placed in a waiting room upon activating your link. Access will be allowed before the start of the training.





Date and Time	Training	Description and Competencies	Location	Provided by
Tuesday, January 5 and Tuesday, January 12 8:30-10:30AM Must attend both sessions!	VA ITSN Infant and Toddler Endorsement Course: Nurturing Partnerships* Cost: Grant Funded There are a total of 12 Courses for completion to earn the Endorsement.	This training focuses on the five temperament dimensions, goodness-of-fit, and strategies for interacting with infants and toddlers with a variety of temperaments. This course is designed for those who teach and care for infants and toddlers. CDA Competency Goal: III VA Competency Goal: II Registration: nalexander@va-itsnetwork.org or 804-380-9576	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	
Tuesday, January 5 6:30-8:30PM	Baby, You Were Born to Move* Cost: Grant Funded	Besides the fact that they were built to do so, there are a great many reasons why infants need to move. Even though their movement capabilities are extremely limited when compared with even those of a toddler, this session will review why movement experiences may be more important for infants than for children of any other age group. CDA Competency Goal: II VA Competency Goal: II Registration: ebullen@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	
Tuesday, January 5 7-8:30PM	CDA Class Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants Payment for attendance must be received prior to class.	Chapter 11 (Families) and everything you wanted to know about the CDA exam Participants must have attended an orientation prior to attending class. CDA Competency Goal: IV VA Competency Goal: VIII Registration: ckern@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	
Tuesday, January 5 9-10:30AM	Discovering the Possibilities of Play* Cost: Grant Funded	Participants will explore the importance of play in the development of infants and toddlers. Participants will learn strategies to incorporate play throughout the day in the infant and toddler classroom. CDA Competency Goal: II VA Competency Goal: II Registration: ttusing@va-itsnetwork.org or 804-357-1130	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	





<p>Wednesday, January 6</p> <p>12:30-1:30PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p>Payment for attendance must be received prior to class.</p>	<p>Chapter 13 (Professionalism) and the CDA Observation</p> <p>Participants must have attended an orientation prior to attending class.</p> <p>CDA Competency Goal: VI VA Competency Goal: VIII Registration: ckern@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Wednesday, January 6</p> <p>12:30-1:30PM</p>	<p>Especially for Early Childhood Teachers</p> <p>Cost: Grant Funded</p>	<p>Join your Central Virginia Child Care Aware specialists for an open discussion about your challenges and success of being an early childhood educator. The agenda will be created by the participants. Technical assistance will be offered, along with a listening ear. Be prepared to share and support in a respectful forum.</p> <p>Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Thursday, January 7</p> <p>6:30-7:30PM</p>	<p>Creating Meaningful Learning**</p> <p>Cost: Grant Funded. Space is limited for non-Virginia Quality participants</p>	<p>In this training, we will discuss the aspects of interactions that create deeper thinking skills in young children, as well as language development. This workshop is geared towards teachers of 3-5-year-old children.</p> <p>CDA Competency Goal: II and III VA Competency Goal: II and VI Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Thursday, January 7</p> <p>12-1:30PM</p>	<p>Promoting Life Skills*</p> <p>Cost: Grant Funded</p>	<p>This training focuses on strategies promoting healthy brain development and communication through responsive caregiving. This course is designed for those who teach and care for infants and toddlers.</p> <p>CDA Competency Goal: II VA Competency Goal: II Registration: nalexander@va-itsnetwork.org or 804-380-9576</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Friday, January 8</p> <p>12:00-1:30PM</p>	<p>Promoting Life Skills*</p> <p>Cost: Grant Funded</p>	<p>This training focuses on strategies promoting healthy brain development and communication through responsive caregiving. This course is designed for those who teach and care for infants and toddlers.</p> <p>CDA Competency Goal: II VA Competency Goal: II Registration: nalexander@va-itsnetwork.org or 804-380-9576</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	





<p>Friday, January 8 12-1:30PM</p>	<p>Discovering the Possibilities of Play* Cost: Grant Funded</p>	<p>Participants will explore the importance of play in the development of infants and toddlers. Participants will learn strategies to incorporate play throughout the day in the infant and toddler classroom. CDA Competency Goal: II VA Competency Goal: II Registration: ttusing@va-itsnetwork.org or 804-357-1130</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Monday, January 11 12-2PM</p>	<p>Baby, You Were Born to Move* Cost: Grant Funded</p>	<p>Besides the fact that they were built to do so, there are a great many reasons why infants need to move. Even though their movement capabilities are extremely limited when compared with even those of a toddler, this session will review why movement experiences may be more important for infants than for children of any other age group. CDA Competency Goal: II VA Competency Goal: II Registration: ebullen@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Tuesday, January 12 12-2PM</p>	<p>Program Subsidy Orientation Cost: Grant Funded</p>	<p>This orientation session is recommended for individuals/programs interested in the VDSS Subsidy Vendor Program to learn about the application process, all program requirements, and resources available to assist you, such as Child Care Aware of Virginia's technical assistance and training programs, in collaboration with the Virginia Department of Social Services (VDSS). Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Tuesday, January 12 1-2PM</p>	<p>Play is Learning** Cost: Grant Funded; Space is limited for non-Virginia Quality participants.</p>	<p>An unknowing observer might comment that the children in your classroom are not learning anything – they are just playing. But through play, children can develop social and cognitive skills, mature emotionally, and gain the self-confidence required to engage in new experiences and environments. In this training we will discuss how we can facilitate learning as children play. CDA Competency Goal: II and III VA Competency Goal: II Registration: training@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Wednesday, January 13 1-2PM</p>	<p>Exploring Sensory Bins** Cost: Grant Funded; Space is limited for non-Virginia Quality participants.</p>	<p>Sensory play allows children to explore their environment using all their senses in a fun and interactive way. Sensory play is also important because it helps build the connections within children's brains that are necessary for higher learning. During this training we will explore different ways to use sensory bins to enhance children's learning experiences in a fun and exciting way. CDA Competency Goal: III VA Competency Goal: II</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	






		Registration: training@childsavers.org		
Wednesday, January 13 2-3:30PM	Discovering the Possibilities of Play* Cost: Grant Funded	Participants will explore the importance of play in the development of infants and toddlers. Participants will learn strategies to incorporate play throughout the day in the infant and toddler classroom. CDA Competency Goal: II VA Competency Goal: II Registration: ttusing@va-itsnetwork.org or 804-357-1130	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	 "Achieving Excellence in Early Care"
Wednesday, January 13 1-2PM	Targeting Transitions** Cost: Grant Funded; Space is limited for non-Virginia Quality participants.	Transitions happen all day, so we want to make the most of them. Not only do we want transitions to be short and smooth, but we also want them to be another chance for children to be learning! Join this session to get tips on how to improve your transitions. This is a basic to intermediate session geared to preschool age teachers. CDA Competency Goal: I, II, and III VA Competency Goal: II, V, and VI Registration: training@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	 Committed to Quality Early Learning
Wednesday, January 13 6:30-8PM	Smile and Mean It* Cost: Grant Funded	Participants will explore ways to recognize and manage signs of caregiver burnout, increasing motivation and positive stress management. This course is designed for those who teach and care for infants and toddlers. CDA Competency Goal: V VA Competency Goal: VII Registration: nalexander@va-itsnetwork.org or 804-380-9576	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	 "Achieving Excellence in Early Care"
Wednesday, January 13 7-8PM	Especially for Early Childhood Teachers Cost: Grant Funded	Join your Central Virginia Child Care Aware specialists for an open discussion about your challenges and success of being an early childhood educator. The agenda will be created by the participants. Technical assistance will be offered, along with a listening ear. Be prepared to share and support in a respectful forum. Registration: pkoon@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	 Virginia's most trusted child care resource.






<p>Wednesday, January 13 12:30-1:30PM</p>	<p>Language and Literacy for Infants and Toddlers**</p> <p>Cost: Grant Funded; Space is limited for non-Virginia Quality participants</p>	<p>How do you develop the language and literacy for someone who does not talk? This training will provide you with critical tools and techniques to enhance your ability to communicate with the infants and toddlers in your care, and why it plays such a large role in the years after they have left you.</p> <p>CDA Competency Goal: II and III VA Competency Goal: II Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Thursday, January 14 6:30-8PM</p>	<p>Smile and Mean It*</p> <p>Cost: Grant Funded</p>	<p>Participants will explore ways to recognize and manage signs of caregiver burnout, increasing motivation and positive stress management. This course is designed for those who teach and care for infants and toddlers.</p> <p>CDA Competency Goal: V VA Competency Goal: VII Registration: nalexander@va-itsnetwork.org or 804-380-9576</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Thursday, January 14 12:30-1:30PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p>Payment for attendance must be received prior to class.</p>	<p>Chapter 11 (Families) and everything you wanted to know about the CDA exam</p> <p>Participants must have attended an orientation prior to attending class.</p> <p>CDA Competency Goal: IV VA Competency Goal: VIII Registration: ckern@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Thursday, January 14 1-2PM</p>	<p>Renewing Your Virginia Quality Profile**</p> <p>Cost: Grant Funded. This session opens to Virginia Quality participants only.</p>	<p>It often comes as a surprise to providers that their Virginia Quality profile needs to be renewed each year. This webinar will review how easy the process is, and why it is important to not let your profile lapse.</p> <p>CDA Competency Goal: VI VA Competency Goal: VIII Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Thursday, January 14 6:30-8PM</p>	<p>Strengthening Business Practices for Family Day Homes***</p> <p>Module I: Budget, Projections, and Planning for Family Child Care</p>	<p>The purpose of this training is to strengthen childcare providers' foundational knowledge of fiscal terms, concepts, and practices. It encourages providers to realize the importance of fiscal planning to the sustainability of their business operations. It provides tips and best</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	





	Cost: Grant Funded	practices to help break down fiscal processes into manageable steps. The person conducting the training is an Impact Registry Trainer (IRT). CDA Competency Goal: V VA Competency Goal: VII Registration: dbillups@childsavers.org		
Friday, January 15 1-2PM	Books to Expand the World** Cost: Grant Funded; Space is limited for non-Virginia Quality participants	In this training we will discuss the benefits of exposing children to the bigger world through books. We will talk about where to look for books and how to talk about them with young children. CDA Competency Goal: II and III VA Competency Goal: V Registration: training@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	
Saturday, January 16 10AM-12PM	Emergency Preparedness Cost: Grant Funded	This workshop will focus on the following factors: to understand the threats and risks that can affect a program; to become familiar with recognized childcare emergency preparedness standards and how to carry them out; to advance knowledge in business continuity concepts; and to support the emotional needs of children and caregivers. CDA Competency Goal: I VA Competency Goal: I and VII Registration: dbillups@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	
Tuesday, January 19 1-2PM	Virginia Quality Overview** Cost: Grant Funded	Curious about joining Virginia Quality? This information session offers an overview of the benefits of participation, and how it will help recognize your program for the quality services you provide to the children in your care. Note: This information session is intended for non-Virginia Quality participants. Certificates will not be issued for attendance. Registration: training@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	
Tuesday, January 19 6:30-8PM	CDA Class Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants Payment for attendance must be received prior to class.	Chapter 11 (Families) and the CDA Philosophy Statement Participants must have attended an orientation prior to attending class. CDA Competency Goal: IV VA Competency Goal: VI Registration: ckern@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	





<p>Tuesday, January 19 6:30-8:30PM</p>	<p>Let's Get Pumped with Inexpensive Creative Movement Activities</p> <p>There is no cost for this training, but participants must have the required list of supplies to attend.</p>	<p>Come prepared for a mini workout to get your heart pumping with inexpensive do-it-yourself activities. Your students will really get a kick out of these learning activities that will cost you next to nothing! This workshop is geared towards teachers of preschool and school age children.</p> <p>CDA Competency Goal: II VA Competency Goal: VII Registration: training@childsavers.org</p> <p>Required supplies: colored construction paper, clear contact paper or laminator w/ laminating sheets, scissors, markers or crayons, glue, three manila folders, 2 decks of homemade or purchased number cards (each deck has 4 sets of cards numbered from 1-12; use index cards if making yourself); several sets of homemade picture cards of fruits and vegetables (will be provided prior to the workshop)</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Tuesday, January 19 and Tuesday, January 26 8:30-10:30AM</p> <p>Must attend both sessions!</p>	<p>VA ITSN Infant and Toddler Endorsement Course: Nurturing Partnerships*</p> <p>Cost: Grant Funded</p> <p>There are a total of 12 Courses for completion to earn the Endorsement.</p>	<p>Participants will explore ways to strengthen the relationship/partnership with families. This course is designed for those who teach and care for infants and toddlers.</p> <p>CDA Competency Goal: IV VA Competency Goal: IV</p> <p>Paperwork must be completed in advance by contacting Mary Sheldon, Professional Development Coordinator, marys@cdr.org or 757-378-3172 or ttusing@va-itsnetwork.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Wednesday, January 20 6-7:30PM</p>	<p>Rattles to Riding Toys: Meeting the Needs of Multiple Ages in Family Child Care*</p> <p>Cost: Grant Funded</p>	<p>The purpose of this workshop is to provide family care providers an opportunity to explore how to best care for infants and toddlers in multi-age environments.</p> <p>CDA Competency Goal: II VA Competency Goal: II Registration: ebullen@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Wednesday, January 20 1-2PM</p>	<p>Language is Caught, Not Taught**</p> <p>Cost: Grant Funded; Space is limited for non-Virginia Quality participants</p>	<p>Children learn to communicate by hearing language and then mimicking what is heard. Teachers' use of language all day impacts children's basic language acquisition. Join this session to learn ways to use self-talk, parallel talk, and more advanced vocabulary.</p> <p>This is a basic session geared to toddlers through preschool age teachers.</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p>	





		<p>CDA Competency Goal: I, II, and III VA Competency Goal: II, V, and VI Registration: training@childsavers.org</p>	<p>Log in information will be provided prior to date of session</p>	
<p>Thursday, January 21 6:30-7:30PM</p>	<p>Emotionally Supportive Interactions** Cost: Grant Funded; space is limited for non-Virginia Quality participants</p>	<p>In this training we will discuss the pillars of supporting children emotionally through positive interactions. We will discuss examples and share how we can maintain emotional supportive positive interactions. This workshop is geared towards teachers of 3-5-year-old children.</p> <p>CDA Competency Goal: VI VA Competency Goal: VI Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>Virginia Quality Committed to Quality Early Learning</p>
<p>Monday, January 25 12-2PM</p>	<p>Baby, You Were Born to Move* Cost: Grant Funded</p>	<p>Besides the fact that they were built to do so, there are a great many reasons why infants need to move. Even though their movement capabilities are extremely limited when compared with even those of a toddler, this session will review why movement experiences may be more important for infants than for children of any other age group.</p> <p>CDA Competency Goal: II VA Competency Goal: II Registration: ebullen@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>VIRGINIA INFANT & TODDLER SPECIALIST NETWORK CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"</p>
<p>Monday, January 25 6-7PM</p>	<p>Infant Social and Emotional Development: Can You "Spoil" an Infant? ** Cost: Grant Funded; Space is limited for non-Virginia Quality participants</p>	<p>We have all heard someone say, <i>if you keep picking the baby up every time she cries, you are going to spoil her.</i> But the real question is: Can you spoil an infant? What happens to our children when we respond to their needs immediately and what happens when we delay our responses? During this training we will address all these questions and many more. We will work collaboratively by sharing our experiences and by diving into the social and emotional development of the infant and how we can best support them as caregivers.</p> <p>CDA Competency Goal: II, III, and IV VA Competency Goal: II and VI Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>Virginia Quality Committed to Quality Early Learning</p>
<p>Tuesday, January 26 6:30-8:30PM</p>	<p>Program Subsidy Orientation Cost: Grant Funded</p>	<p>This orientation session is recommended for individuals/programs interested in the VDSS Subsidy Vendor Program to learn about the application process, all program requirements, and resources available to assist you, such as Child Care Aware of Virginia's technical assistance and training programs, in collaboration with the Virginia Department of Social Services (VDSS).</p> <p>Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>ChildCare Aware OF VIRGINIA Virginia's most trusted child care resource.</p>





<p>Tuesday, January 26 3-4:30PM</p>	<p>Promoting Exploration and Discovery* Cost: Grant Funded</p>	<p>Participants will learn how to support exploration and discovery through open-ended materials, child-focused approach, uninterrupted play time and positive interactions. CDA Competency Goal: II VA Competency Goal: II Registration: nalexander@va-itsnetwork.org or 804-380-9576</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Wednesday, January 27 3-4:30PM</p>	<p>Promoting Exploration and Discovery* Cost: Grant Funded</p>	<p>Participants will learn how to support exploration and discovery through open-ended materials, child-focused approach, uninterrupted play time and positive interactions. CDA Competency Goal: II VA Competency Goal: II Registration: nalexander@va-itsnetwork.org or 804-380-9576</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Wednesday, January 27 11-12:30PM</p>	<p>Discovering the Possibilities of Play* Cost: Grant Funded</p>	<p>Participants will explore the importance of play in the development of infants and toddlers. Participants will learn strategies to incorporate play throughout the day in the infant and toddler classroom. CDA Competency Goal: II VA Competency Goal: II Registration: ttusing@va-itsnetwork.org or 804-357-1130</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Wednesday, January 27 1-2PM</p>	<p>No More Letter of the Week** Cost: Grant Funded; Space is limited for non-Virginia Quality participants.</p>	<p>Research has shown that focusing on a letter each week is an outdated practice and not as beneficial as we once thought. So then how should you teach children letters? This training will explore developmentally appropriate practices for teaching language and literacy skills. We will also look at best practices for teaching children about the alphabet without focusing on a weekly letter. The content of this training is geared towards teachers of preschool age children. CDA Competency Goal: III VA Competency Goal: II Registration: training@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Thursday, January 28 10-11AM</p>	<p>Virginia Quality Overview** Cost: Grant Funded</p>	<p>Curious about joining Virginia Quality? This information session offers an overview of the benefits of participation, and how it will help recognize your program for the quality services you provide to the children in your care. Note: This information session is intended for non-Virginia Quality participants. Certificates will not be issued for attendance. Registration: training@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	






<p>Thursday, January 28 3-4:30PM</p>	<p>Promoting Exploration and Discovery* Cost: Grant Funded</p>	<p>Participants will learn how to support exploration and discovery through open-ended materials, child-focused approach, uninterrupted play time and positive interactions. CDA Competency Goal: II VA Competency Goal: II Registration: nalexander@va-itsnetwork.org or 804-380-9576</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>*Achieving Excellence in Early Care*</p>
<p>Thursday, January 28 6:30-8PM</p>	<p>CDA Class Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants Payment for attendance must be received prior to class.</p>	<p>Chapter 3 (Learning Environment) and the CDA Philosophy Statement Participants must have attended an orientation prior to attending class. CDA Competency Goal: I VA Competency Goal: V Registration: ckern@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Thursday, January 28 6:30-8:30 PM</p>	<p>Trauma Informed Care Basics Part I Cost: Grant Funded</p>	<p>This workshop will focus on the following factors: to realize the widespread impact of trauma; to recognize the signs and symptoms of trauma in others; and to respond with fully integrated procedures and practices and to actively seek to resist re-traumatization. CDA Competency Goal: III VA Competency Goal: II, VI Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>Virginia's most trusted child care resource.</p>
<p>Friday, January 29 12-1:30PM</p>	<p>Discovering the Possibilities of Play* Cost: Grant Funded</p>	<p>Participants will explore the importance of play in the development of infants and toddlers. Participants will learn strategies to incorporate play throughout the day in the infant and toddler classroom. CDA Competency Goal: II VA Competency Goal: II Registration: ttusing@va-itsnetwork.org or 804-357-1130</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>*Achieving Excellence in Early Care*</p>
<p>Friday, January 29 12-1:30PM</p>	<p>Discovering the Possibilities of Play* Cost: Grant Funded</p>	<p>Participants will explore the importance of play in the development of infants and toddlers. Participants will learn strategies to incorporate play throughout the day in the infant and toddler classroom CDA Competency Goal: II VA Competency Goal: II Registration: ttusing@va-itsnetwork.org or 804-357-1130</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>*Achieving Excellence in Early Care*</p>





<p>Saturday, January 30</p> <p>9-11 AM</p>	<p>Support for Breastfeeding Families in Early Care Settings</p> <p>Cost: Grant Funded</p>	<p>By participating you will demonstrate your program's commitment to best practices in infant nutrition, support families' commitment to breastfeeding, and their child's healthy start. Then you can educate teachers and families about the importance of breastfeeding for infants and young children. Early childhood programs serving infants and young children will also learn about the steps to be recognized as a Virginia Breastfeeding Friendly Early Care program.</p> <p>CDA Competency Goal: I and IV VA Competency Goal: I and IV Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting</p> <p>Access to a telephone and computer with internet connection required</p> <p>Log in information will be provided at time of registration</p>	 <p>ChildCare Aware OF VIRGINIA Virginia's most trusted child care resource.</p>
<p>Tuesday, February 2</p> <p>7-8:30PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p>Payment for attendance must be received prior to class.</p>	<p>Chapter 12 (Program Management) and The CDA Process</p> <p>Participants must have attended an orientation prior to attending class.</p> <p>CDA Competency Goal: V VA Competency Goal: VII Registration: ckern@childsavers.org</p>	<p>Zoom Meeting</p> <p>Access to a telephone and computer with internet connection required</p> <p>Log in information will be provided at time of registration</p>	
<p>Tuesday, February 2</p> <p>11:30-2PM</p>	<p>Director's Forum*</p> <p>Cost: Grant Funded</p>	<p>This training is for director's and focuses on key factors impacting infant and toddler development including group size, training, and supporting staff, environment, etc. This course is designed for those who teach and care for infants and toddlers.</p> <p>CDA Competency Goal: V VA Competency Goal: VII Registration: nalexander@va-itsnetwork.org or 804-380-9576</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>VIRGINIA INFANT & TODDLER SPECIALIST NETWORK CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"</p>
<p>Wednesday, February 3</p> <p>1-2PM</p>	<p>Quality Interactions with Infants and Toddlers**</p> <p>Cost: Grant Funded; Space is limited for non-Virginia Quality participants.</p>	<p>Quality teacher-child interactions are the building blocks of every child's learning experience, especially for our littlest ones. This workshop will share best practice techniques to increase the quality of your classroom interactions as we examine the importance they play in your daily routine.</p> <p>CDA Competency Goal: III and VI VA Competency Goal: VI Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>Virginia Quality Committed to Quality Early Learning</p>






<p>Wednesday, February 3 1-2PM</p>	<p>Questions Worth Asking** Cost: Grant Funded; Space is limited for non-Virginia Quality participants.</p>	<p>What is your favorite topic to discuss with children? What do you learn about the child when you listen to him/her? Why is it important to ask open-ended questions? In this one-hour session, we will discuss these questions and many more worth asking. Come prepared with your own questions! This is a basic session geared to toddlers through preschool age teachers. CDA Competency Goal: I, II, and III VA Competency Goal: II, V, and VI Registration: training@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>Virginia Quality Committed to Quality Early Learning</p>
<p>Wednesday, February 3 12:30-1:30PM</p>	<p>Especially for Early Childhood Teachers Cost: Grant Funded</p>	<p>Join your Central Virginia Child Care Aware specialists for an open discussion about your challenges and success of being an early childhood educator. The agenda will be created by the participants. Technical assistance will be offered, along with a listening ear. Be prepared to share and support in a respectful forum. Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>ChildCare Aware OF VIRGINIA Virginia's most trusted child care resource.</p>
<p>Wednesday, February 3 12:30-1:30PM</p>	<p>CDA Class Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants Payment for attendance must be received prior to class.</p>	<p>Chapter 1 (Safe) and all you want to know about the CDA exam Participants must have attended an orientation prior to attending class. CDA Competency Goal: I VA Competency Goal: V Registration: ckern@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>ChildSavers</p>
<p>Wednesday, February 3 1-2PM</p>	<p>Teaching Children about Race and Diversity** Cost: Grant Funded; Space is limited for non-Virginia Quality participants.</p>	<p>Children notice race at a very young age, and by 2 ½ years old most children use race to choose playmates. As educators, it is our job to help children better understand others and the world around them. In this session we will discuss why it is important to talk about race and diversity with young children. We will also look at different ways you can start to teach children about race and diversity. Must work with children 18-48 months. CDA Competency Goal: III VA Competency Goal: II Registration: training@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>Virginia Quality Committed to Quality Early Learning</p>





<p>Wednesday, February 3</p> <p>5-7:30PM</p>	<p>Director's Forum*</p> <p>Cost: Grant Funded</p>	<p>This training is for directors and focuses on key factors impacting infant and toddler development including group size, training, and supporting staff, and environment. This course is designed for those who teach and care for infants and toddlers.</p> <p>CDA Competency Goal: V VA Competency Goal: VII Registration: nalexander@va-itsnetwork.org or 804-380-9576</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>Virginia Infant & Toddler Specialist Network CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"</p>
<p>Thursday, February 4</p> <p>6:30-8:30PM</p>	<p>Strengthening Business Practices for Center Based Programs***</p> <p>Module I: Budgets, Planning and Projections</p> <p>Must attend Module I and Module II</p> <p>Cost: Grant Funded</p>	<p>Module I will cover Budgets, Projections, and Planning. You will learn a process for building a budget and using it for decision making; how to project business costs, generate income, and plan strategically for future goals.</p> <p>The person conducting the training is an Impact Registry Trainer (IRT). The target audience for this training is childcare providers with administrative responsibility and a beginner to intermediate understanding of fiscal management.</p> <p>CDA Competency: V VA Competency: VII Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>ChildCare Aware OF VIRGINIA Virginia's most trusted child care resource.</p>
<p>Thursday, February 4</p> <p>7-8PM</p>	<p>CDA Orientation for New Students</p> <p>No cost is associated with this orientation.</p>	<p>A Child Development Associate credential is a nationally recognized credential that will help you strengthen your skills and further your career as an early childhood educator. This informative orientation session will review the process and requirements for earning your CDA through ChildSavers.</p> <p>Attendance is mandatory at an orientation before enrollment can occur.</p> <p>Registration: ckern@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>ChildSavers</p>
<p>Friday, February 5</p> <p>12-2PM</p>	<p>Tireless Toddlers*</p> <p>Cost: Grant Funded</p>	<p>To provide information on supporting the activity level of active toddlers and provide activities and experiences to enhance daily physical activity in group settings.</p> <p>CDA Competency Goal: II VA Competency Goal: II Registration: ebullen@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>Virginia Infant & Toddler Specialist Network CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"</p>






<p>Monday, February 8</p> <p>12-2PM</p>	<p>Tireless Toddlers*</p> <p>Cost: Grant Funded</p>	<p>To provide information on supporting the activity level of active toddlers and provide activities and experiences to enhance daily physical activity in group settings.</p> <p>CDA Competency Goal: II VA Competency Goal: II Registration: ebullen@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Monday, February 8</p> <p>6-7:30PM</p>	<p>What's on the Menu Today? **</p> <p>Cost: \$25 per participant</p>	<p>Participants will engage in a fun interactive learning style environment to create and share healthy recipes using items in their pantry. We will follow the CACFP food guide to provide healthy menus for your program.</p> <p>CDA Competency Goal: I VA Competency Goal: I Registration: jmason@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Tuesday, February 9</p> <p>12-2PM</p>	<p>Program Subsidy Orientation</p> <p>Cost: Grant Funded</p>	<p>This orientation session is recommended for individuals/programs interested in the VDSS Subsidy Vendor Program to learn about the application process, all program requirements, and resources available to assist you, such as Child Care Aware of Virginia's technical assistance and training programs, in collaboration with the Virginia Department of Social Services (VDSS).</p> <p>Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Tuesday, February 9</p> <p>1-2PM</p>	<p>Building Number Sense with Preschoolers**</p> <p>Cost: Grant Funded; Space is limited for non-Virginia Quality participants</p>	<p>Number sense is the ability to understand the quantity of a set and the name associated with that quantity. Strong number sense developed in the early years is a key building block of learning arithmetic in the primary grades, as it connects counting to quantities, solidifies and refines the understanding of more and less, and helps children estimate quantities and measurements. During this training we will look at strategies to get children to move from just rote identification of numerals to understanding number quantity and having reason for why they know what they know. Must work with children 36-48 months.</p> <p>CDA Competency Goal: II, III VA Competency Goal: II, V Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	





<p>Tuesday, February 9 6-7PM</p>	<p>Virginia Quality Overview** Cost: Grant Funded</p>	<p>Curious about joining Virginia Quality? This information session offers an overview of the benefits of participation, and how it will help recognize your program for the quality services you provide to the children in your care.</p> <p>Note: This information session is intended for non-Virginia Quality participants. Certificates will not be issued for attendance.</p> <p>Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Tuesday, February 9 6-7PM</p>	<p>Process Art for Toddlers** Cost: Grant Funded; Space is limited for non-Virginia Quality participants</p>	<p>Process art versus product art. Do you find yourself struggling to identify the difference between the two? This workshop will clarify what they are, why process art benefits the development of the children in our care, and a surplus of ideas to implement in your classroom.</p> <p>CDA Competency Goal: VII VA Competency Goal: V Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Wednesday, February 10 1-2PM</p>	<p>It Takes Two to Play** Cost: Grant Funded; Space is limited for non-Virginia Quality participants.</p>	<p>Play is the best way for young children to learn and you as the caregiver can expand and enhance their play to help children be ready for Kindergarten. Come play with us for an hour zoom session! This is a basic session geared to toddlers through preschool age teachers.</p> <p>CDA Competency Goal: I, II, and III VA Competency Goal: II, V, and VI Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Wednesday, February 10 12-2:30PM</p>	<p>It's Not Just Baby Talk* Cost: Grant Funded</p>	<p>Join us to learn strategies for helping infants and toddlers to use and understanding language and to support language, cognitive and social emotional development. This course is designed for those who teach and care for infants and toddlers.</p> <p>CDA Competency Goal: II VA Competency Goal: II Registration: nalexander@va-itsnetwork.org or 804-380-9576</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Tuesday, February 10 6:30-8:30 PM</p>	<p>Trauma Responsive Care in Early Childhood Programs (Part II) Cost: Grant Funded</p>	<p>In this training, you will learn about the complex needs of childhood and the effects trauma may have when basic needs are not met; how to recognize the effects of trauma on classroom interactions and behaviors; everyday caregiver practices that may trigger trauma-reactions in children; to identify techniques and strategies for addressing and redirecting trauma behaviors, and ways to manage the behaviors of children who have experienced trauma.</p> <p>CDA Competency Goal: III</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	





		VA Competency Goal: III and VI Registration: pkoon@childsavers.org		
Wednesday, February 10 1:30-2:30PM	Setting a Quality Improvement Plan** Cost: Grant Funded. This session opens to Virginia Quality participants only.	Quality Improvement Plans spell out your program's vision for the future. They are put in place to help you achieve your goals and move forward in the Virginia Quality levels. This webinar will give you more insight into creating QIPs and sticking with them. CDA Competency Goal: XII VA Competency Goal: VII Registration: training@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	
Thursday, February 11 1-2PM	Sensory Development for Infants** Cost: Grant Funded; Space is limited for non-Virginia Quality participants.	Infants are experiencing their world through their senses. This workshop will give insight on how to capitalize on sensory experiences within your classroom while meeting the developmental milestones for each of the children in your care. CDA Competency Goal: II VA Competency Goal: II Registration: training@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	
Thursday, February 11 12:30-1:30PM	CDA Class Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants Payment for attendance must be received prior to class.	Chapter 12 (Program Management) and the CDA Process Participants must have attended an orientation prior to attending class. CDA Competency Goal: V VA Competency Goal: VII Registration: ckern@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session Class	
Thursday, February 11 6:30-8:30PM	Strengthening Business Practices for Center Based Programs*** Module II: Financial Reports and Internal Controls Must attend Module I and Module II Cost: Grant Funded	In Module II, you will learn how to create financial reports to help you better manage your center's finances, the concept of internal controls and how they can strengthen your center's financial health. The person conducting the training is an Impact Registry Trainer (IRT). The target audience for this training is childcare providers with administrative responsibility and a beginner to intermediate understanding of fiscal management. CDA Competency: V VA Competency: VII Registration: pkoon@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	





<p>Thursday, February 11 6-8PM</p>	<p>It's Not Just Baby Talk* Cost: Grant Funded</p>	<p>Participants will learn the importance of talking and singing with infants and toddlers. Participants will review the progression of language development. CDA Competency Goal: II VA Competency Goal: II Registrations: ttusing@va-itsnetwork.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Friday, February 12 12-2PM</p>	<p>Tireless Toddlers* Cost: Grant Funded</p>	<p>To provide information on supporting the activity level of active toddlers and provide activities and experiences to enhance daily physical activity in group settings. CDA Competency Goal: II VA Competency Goal: II Registration: ebullen@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Saturday, February 13 9:30-10:30AM</p>	<p>Emotionally Supportive Interactions** Cost: Grant Funded; space is limited for non-Virginia Quality participants</p>	<p>In this training we will discuss the pillars of supporting children emotionally through positive interactions. We will discuss examples and share how we can maintain emotional supportive positive interactions. This workshop is geared towards teachers of 3-5-year-old children. CDA Competency Goal: VI VA Competency Goal: VI Registration: training@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Tuesday, February 16 12:30-1:30PM</p>	<p>Infant Social and Emotional Development: Reality Bites** Cost: Grant Funded; Space is limited for non-Virginia Quality participants</p>	<p>As early educators, we understand that biting is a common and age-appropriate behavior seen from the children in our care. But that does not make dealing with it and reducing the behavior any easier. During this session we will explore biting from a variety of perspectives, understand what it is at the core of the behavior, and develop tools to address the behavior while working with the families of the children in your care to reach a resolution meeting the needs of all parties involved. CDA Competency Goal: I, II, III, IV, and V VA Competency Goal: I, II, III, IV, and V Registration: training@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Tuesday, February 16 12:30-2:30PM</p>	<p>It's Not Just Baby Talk* Cost: Grant Funded</p>	<p>Participants will learn the importance of talking and singing with infants and toddlers. Participants will review the progression of language development. CDA Competency Goal: II VA Competency Goal: II</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation.</p>	





		Registration: ttusing@va-itsnetwork.org	Log in information will be provided prior to date of session	
Tuesday, February 16 6:30-8PM	CDA Class Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants Payment for attendance must be received prior to class.	Chapter 4 (Physical) and the family questionnaire and the online application process Participants must have attended an orientation prior to attending class. CDA Competency Goal: II VA Competency Goal: I Registration: ckern@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	
Tuesday, February 17, 24 and March 3, 10, 17, 24 1-2PM Participants must attend all six sessions.	The Leadership Challenge Cost: Grant Funded	This six-session training focuses on the importance of understanding the difference between management and leadership and building leadership skills in yourself and others. CDA Competency Goal: V VA Competency Goal: VII Registration: nalexander@va-itsnetwork.org or 804-380-9576	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	
Thursday, February 18 6:30-8:30PM	Strengthening Business Practices for Center Based Programs *** Module III: Marketing Your Program Cost: Grant Funded	In this module, you will learn: the definition and value of external and internal marketing; how to articulate your program's features and values and how to use them as marketing tools; and how data can inform marketing efforts to better utilize time and money. The person conducting the training is an Impact Registry Trainer (IRT). The target audience for this training is childcare providers with administrative responsibility who support or influence marketing decisions within the program. CDA Competency: V VA Competency: VII Registration: pkoon@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	
Friday, February 19 12-2PM	Tireless Toddlers* Cost: Grant Funded	To provide information on supporting the activity level of active toddlers and provide activities and experiences to enhance daily physical activity in group settings. CDA Competency Goal: II VA Competency Goal: II Registration: ebullen@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	





<p>Monday, February 22</p> <p>1-2PM</p>	<p>Early Math for Toddlers**</p> <p>Cost: Grant Funded; Space is limited for non-Virginia Quality participants</p>	<p>Whether you love math or not, you can help stimulate an interest in math for the little ones in your care. How do we as caregivers nurture and facilitate a toddler developing interest in mathematical topics and concepts? In this training we will identify strategies to support you in introducing early math content and processes to toddlers in your care.</p> <p>CDA Competency Goal: II VA Competency Goal: V Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>Virginia Quality Committed to Quality Early Learning</p>
<p>Monday, February 22</p> <p>6:30-8:30 PM</p>	<p>It's Not Just Baby Talk*</p> <p>Cost: Grant Funded</p>	<p>Participants will learn the importance of talking and singing with infants and toddlers. Participants will review the progression of language development.</p> <p>CDA Competency Goal: II VA Competency Goal: II Registrations: ttusing@va-itsnetwork.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>VIRGINIA INFANT & TODDLER SPECIALIST NETWORK CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"</p>
<p>Tuesday, February 23</p> <p>9-11AM</p>	<p>Tireless Toddlers*</p> <p>Cost: Grant Funded</p>	<p>The purpose of this workshop is to provide information on supporting the activity level of active toddlers and provide activities and experiences to enhance daily physical activity in group settings.</p> <p>CDA Competency Goal: II VA Competency Goal: II Registration: ebullen@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>VIRGINIA INFANT & TODDLER SPECIALIST NETWORK CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"</p>
<p>Tuesday, February 23</p> <p>6:30-8:30PM</p>	<p>Program Subsidy Orientation</p> <p>Cost: Grant Funded</p>	<p>This orientation session is recommended for individuals/programs interested in the VDSS Subsidy Vendor Program to learn about the application process, all program requirements, and resources available to assist you, such as Child Care Aware of Virginia's technical assistance and training programs, in collaboration with the Virginia Department of Social Services (VDSS).</p> <p>Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>ChildCare Aware OF VIRGINIA Virginia's most trusted child care resource.</p>
<p>Wednesday, February 24</p> <p>6-7PM</p>	<p>Language and Literacy for Infants and Toddlers**</p> <p>Cost: Grant Funded; Space is limited for non-Virginia Quality participants</p>	<p>How do you develop the language and literacy for someone who does not talk? This training will provide you with critical tools and techniques to enhance your ability to communicate with the infants and toddlers in your care, and why it plays such a large role in the years after they have left you.</p> <p>CDA Competency Goal: II and III VA Competency Goal: II Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>Virginia Quality Committed to Quality Early Learning</p>





<p>Wednesday, February 24 7-8PM</p>	<p>Especially for Early Childhood Teachers Cost: Grant Funded</p>	<p>Join your Central Virginia Child Care Aware specialists for an open discussion about your challenges and success of being an early childhood educator. The agenda will be created by the participants. Technical assistance will be offered, along with a listening ear. Be prepared to share and support in a respectful forum. Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>Virginia's most trusted child care resource.</p>
<p>Wednesday, February 24 12-2PM</p>	<p>It's Not Just Baby Talk* Cost: Grant Funded</p>	<p>Participants will learn the importance of talking and singing with infants and toddlers. Participants will review the progression of language development. CDA Competency Goal: II VA Competency Goal: II Registrations: ttusing@va-itsnetwork.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"</p>
<p>Thursday, February 25 6:30-8:30PM</p>	<p>Strengthening Business Practices for Center Based Programs*** Module IV: Retaining and Recruiting Staff Cost: Grant Funded</p>	<p>In this module, you will learn best practices for recruiting, interviewing, and hiring new employees; a framework for building an effective orientation plan; the components of a staff handbook; and strategies for providing feedback to employees. The person conducting the training is an Impact Registry Trainer (IRT). The target audience for this training is childcare providers with administrative responsibility who support or have some responsibility for staff within the program. CDA Competency: V VA Competency: VII Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>Virginia's most trusted child care resource.</p>
<p>Saturday, February 27 10AM-12PM</p>	<p>Emergency Preparedness Cost: Grant Funded</p>	<p>This workshop will focus on the following factors: to understand the threats and risks that can affect a program; to become familiar with recognized childcare emergency preparedness standards and how to carry them out; to advance knowledge in business continuity concepts; and to support the emotional needs of children and caregivers. CDA Competency Goal: I VA Competency Goal: I and VII Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>Virginia's most trusted child care resource.</p>






<p>Tuesday, March 2 6:30-8PM</p> <p>Must have attended Module I on January 14 for participation.</p>	<p>Strengthening Business Practices for Family Day Homes***</p> <p>Module II: Financial Reports and Internal Controls</p> <p>Cost: Grant Funded</p>	<p>The purpose of this training is to strengthen childcare providers' foundational knowledge of fiscal terms, concepts, and practices. It encourages providers to realize the importance of fiscal planning to the sustainability of their business, and it provides tips and best practices to help break down fiscal processes into manageable steps. The person conducting the training is an Impact Registry Trainer (IRT).</p> <p>CDA Competency: V VA Competency: VII Registration: dbillups@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>ChildCare Aware OF VIRGINIA Virginia's most trusted child care resource.</p>
<p>Tuesday, March 2 6-7PM</p>	<p>Virginia Quality Overview**</p> <p>Cost: Grant Funded</p>	<p>Curious about joining Virginia Quality? This information session offers an overview of the benefits of participation, and how it will help recognize your program for the quality services you provide to the children in your care.</p> <p>Note: This information session is intended for non-Virginia Quality participants. Certificates will not be issued for attendance.</p> <p>Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>Virginia Quality Committed to Quality Early Learning</p>
<p>Tuesday, March 2 7-8:30PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p>Payment for attendance must be received prior to class.</p>	<p>Chapter 13 (Professionalism) and The CDA resource items</p> <p>Participants must have attended an orientation prior to attending class.</p> <p>CDA Competency Goal: VI VA Competency Goal: VIII Registration: ckern@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Wednesday, March 3 12:30-1:30PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p>Payment for attendance must be received prior to class.</p>	<p>Chapter 2 (Healthy) and The CDA Process</p> <p>Participants must have attended an orientation prior to attending class.</p> <p>CDA Competency Goal: VI VA Competency Goal: VIII Registration: ckern@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	






<p>Wednesday, March 3 1-2PM</p>	<p>Understanding Kindergarten Readiness** Cost: Grant Funded; Space is limited for non-Virginia Quality participants.</p>	<p>Many children who are ready for kindergarten can say the alphabet and count to 10, but kindergarten readiness includes more than just academics. Fine and gross motor skills, self-care, and social-emotional skills are all important parts of preparing our preschoolers for school. During this training we will dive into the actual skills that children need to be successful not only in school but in life. CDA Competency Goal: II, III VA Competency Goal: II, V Registration: training@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Wednesday, March 3 12:30-1:30PM</p>	<p>Director's Forum Cost: Grant Funded</p>	<p>If you are current Subsidy Vendor or potential Vendor, this forum is for you! Directors/Assistant Directors join your Child Care Aware of Central Virginia specialists to discuss best practices in maintaining/developing strategies to uphold the Subsidy Requirements for centers and family day homes. Topics can include emergency preparedness plans, maintaining records, and more. Participants will be able to learn from each other and share. Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Wednesday, March 3 1-2PM</p>	<p>Their World, Their Learning** Cost: Grant Funded; Space is limited for non-Virginia Quality participants.</p>	<p>To learn anything, the topic must be meaningful to the learner. To be meaningful, the learner must see how it relates to his/her real world. To experience that relationship, teachers must create a bridge for children to cross from their world to their future. Please come prepared to share, brainstorm, and reflect how to create those bridges for children's better understanding of concepts and critical thinking skills. This is a basic to intermediate session geared to preschool age teachers. CDA Competency Goal: I, II, and III VA Competency Goal: II, V, and VI Registration: training@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Thursday, March 4 3-4:30PM</p>	<p>Ready, Set, Go* Cost: Grant Funded</p>	<p>The purpose of this training is to provide information on the importance of physical activity and ideas for creating environments that promote active play for infants and toddlers. CDA Competency Goal: II VA Competency Goal: II Registration: ebullen@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	





<p>Tuesday, March 5 12:45-2:15PM</p>	<p>Exploring the World of Nature* Cost: Grant Funded</p>	<p>Come learn strategies to incorporate nature into your daily routines and activities and how it can enhance infant/toddler development. CDA Competency Goal: II VA Competency Goal: II Registration: nalexander@va-itsnetwork.org or 804-380-9576</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Saturday, March 6 10AM-12PM</p>	<p>Trauma Responsive Care in Early Childhood Programs (Part II) Cost: Grant Funded</p>	<p>In this training, you will learn about the complex needs of childhood and the effects trauma may have when basic needs are not met; how to recognize the effects of trauma on classroom interactions and behaviors; everyday caregiver practices that may trigger trauma-reactions in children; to identify techniques and strategies for addressing and redirecting trauma behaviors, and ways to manage the behaviors of children who have experienced trauma. CDA Competency Goal: III VA Competency Goal: III and VI Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Tuesday, March 9 12:45-2:15PM</p>	<p>Exploring the World of Nature* Cost: Grant Funded</p>	<p>Come learn strategies to incorporate nature into your daily routines and activities and how it can enhance infant/toddler development. CDA Competency Goal: II VA Competency Goal: II Registration: nalexander@va-itsnetwork.org or 804-380-9576</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	
<p>Tuesday, March 9 1-2PM</p>	<p>Toddler Tantrums and Development** Cost: Grant Funded; Space is limited for non-Virginia Quality participants.</p>	<p>Toddlers and tantrums go hand in hand. Toddlers feel everything, and they feel it with every fiber of their being. As their caretakers, how do we allow them to experience, process, and understand those big feelings bubbling up inside? Through this discussion, we will focus on why tantrums are key in toddler development, and what you can do to support a child through a tantrum to help them find a peaceful resolution. CDA Competency Goal: I, II, and III VA Competency Goal: II Registration: training@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	

<p>Tuesday, March 9 6:30-7:30PM</p>	<p>Play is Learning** Cost: Grant Funded; Space is limited for non-Virginia Quality participants</p>	<p>An unknowing observer might comment that the children in your classroom are not learning anything – they are just playing. But through play, children can develop social and cognitive skills, mature emotionally, and gain the self-confidence required to engage in new experiences and environments. In this training we will discuss how we can facilitate learning as children play.</p> <p>CDA Competency Goal: II and III VA Competency Goal: II Registration: training@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>Virginia Quality Committed to Quality Early Learning</p>
<p>Tuesday, March 9 12-2PM</p>	<p>Program Subsidy Orientation Cost: Grant Funded</p>	<p>This orientation session is recommended for individuals/programs interested in the VDSS Subsidy Vendor Program to learn about the application process, all program requirements, and resources available to assist you, such as Child Care Aware of Virginia’s technical assistance and training programs, in collaboration with the Virginia Department of Social Services (VDSS).</p> <p>Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>ChildCare Aware OF VIRGINIA Virginia's most trusted child care resource.</p>
<p>Wednesday, March 10 1-2PM</p>	<p>Requesting Virginia Quality Technical Assistance – What Is It and Why Do I Need It? ** Cost: Grant Funded. This session opens to Virginia Quality participants only.</p>	<p>As a Virginia Quality provider, you are eligible to receive free technical assistance on your environment (using the Environmental Rating Scale), teacher-child interactions (using the CLASS tool), and curriculum (as it relates to the Virginia Milestones of Child Development). This webinar will discuss the process of requesting this support and why it is a great free resource for your program.</p> <p>CDA Competency Goal: VI VA Competency Goal: VIII Registration: training@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>Virginia Quality Committed to Quality Early Learning</p>
<p>Wednesday, March 10 12:30-1:30 PM</p>	<p>Director’s Forum Cost: Grant Funded</p>	<p>If you are current Subsidy Vendor or potential Vendor, this forum is for you! Directors/Assistant Directors join your Child Care Aware of Central Virginia specialists to discuss best practices in maintaining/developing strategies to uphold the Subsidy Requirements for centers and family day homes. Topics can include emergency preparedness plans, maintaining records, and more. Participants will be able to learn from each other and share.</p> <p>Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>ChildCare Aware OF VIRGINIA Virginia's most trusted child care resource.</p>

<p>Wednesday, March 10</p> <p>1-2PM</p>	<p>Creating Thinkers**</p> <p>Cost: Grant Funded; Space is limited for non-Virginia Quality participants</p>	<p>In today's world, we gather facts with a quick click. We need to be creative thinkers, though, to address the problems we face. Becoming a creative thinker starts in early childhood and caregivers are instrumental in facilitating young children's creativity. Come be creative with us for this session.</p> <p>This is a basic to intermediate session geared to preschool age teachers.</p> <p>CDA Competency Goal: I, II, and III VA Competency Goal: II, V, and VI Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>Virginia Quality Committed to Quality Early Learning</p>
<p>Thursday, March 11</p> <p>12:30-1:30PM</p>	<p>CDA Class</p> <p>Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants</p> <p>Payment for attendance must be received prior to class.</p>	<p>Chapter 13 (Professionalism) and the CDA resource items</p> <p>Participants must have attended an orientation prior to attending class.</p> <p>CDA Competency Goal: VI VA Competency Goal: VIII Registration: ckern@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Friday, March 12</p> <p>12:45-2:15PM</p>	<p>Exploring the World of Nature*</p> <p>Cost: Grant Funded</p>	<p>Come learn strategies to incorporate nature into your daily routines and activities and how it can enhance infant/toddler development.</p> <p>CDA Competency Goal: II VA Competency Goal: II Registration: nalexander@va-itsnetwork.org or 804-380-9576</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	 <p>VIRGINIA INFANT & TODDLER SPECIALIST NETWORK CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"</p>
<p>Saturday, March 13</p> <p>9-10:30AM</p>	<p>What's on the Menu Today? **</p> <p>Cost: \$25 per participant</p>	<p>Participants will engage in a fun interactive learning style environment to create and share healthy recipes using items in their pantry. We will follow the CACFP food guide to provide healthy menus for your program.</p> <p>CDA Competency Goal: I VA Competency Goal: I Registration: jmason@childsavers.org</p>	<p>Zoom</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	

<p>Monday, March 15 6-7PM</p>	<p>Process Art for Toddlers** Cost: Grant Funded; Space is limited for non-Virginia Quality participants</p>	<p>Process art versus product art. Do you find yourself struggling to identify the difference between the two? This workshop will clarify what they are, why process art benefits the development of the children in our care, and a surplus of ideas to implement in your classroom. CDA Competency Goal: VII VA Competency Goal: V Registration: training@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>Virginia Quality Committed to Quality Early Learning</p>
<p>Tuesday, March 16 12:30-2PM</p>	<p>Inclusion Fusion* Cost: Grant Funded</p>	<p>The purpose of this training is to provide information on the benefits of inclusion and how to provide supportive, inclusive environments where all young children have opportunities to learn and grow. This training is geared for those who work with infants and toddlers. CDA Competency Goal: III VA Competency Goal: II Registration: ttusing@va-itsnetwork.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>VIRGINIA INFANT & TODDLER SPECIALIST NETWORK CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"</p>
<p>Tuesday, March 16 6:30-8PM</p>	<p>CDA Class Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants Payment for attendance must be received prior to class.</p>	<p>Chapter 13 (Professionalism) and the CDA Observation Participants must have attended an orientation prior to attending class. CDA Competency Goal: VI VA Competency Goal: VIII Registration: ckern@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>ChildSavers</p>
<p>Tuesday, March 16 6-7:30PM</p>	<p>Rattles to Riding Toys: Meeting the Needs of Multiple Ages in Family Child Care* Cost: Grant Funded</p>	<p>The purpose of this workshop is to provide family care providers an opportunity to explore how to best care for infants and toddlers in multi-age environments. CDA Competency Goal: II VA Competency Goal: II Registration: ebullen@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>VIRGINIA INFANT & TODDLER SPECIALIST NETWORK CHILDSAVERS CENTRAL REGIONAL OFFICE "Achieving Excellence in Early Care"</p>
<p>Tuesday, March 16 12:30-1:30 PM</p>	<p>Especially for Early Childhood Teachers Cost: Grant Funded</p>	<p>Join your Central Virginia Child Care Aware specialists for an open discussion about your challenges and success of being an early childhood educator. The agenda will be created by the participants. Technical assistance will be offered, along with a listening ear. Be prepared to share and support in a respectful forum. Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session</p>	 <p>ChildCare Aware OF VIRGINIA Virginia's most trusted child care resource.</p>

<p>Wednesday, March 17 10-11AM</p>	<p>Virginia Quality Overview** Cost: Grant Funded</p>	<p>Curious about joining Virginia Quality? This information session offers an overview of the benefits of participation, and how it will help recognize your program for the quality services you provide to the children in your care.</p> <p>Note: This information session is intended for non-Virginia Quality participants. Certificates will not be issued for attendance.</p> <p>Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Thursday, March 18 12-1PM</p>	<p>Quality Interactions with Infants and Toddlers** Cost: Grant Funded; Space is limited for non-Virginia Quality participants.</p>	<p>Quality teacher-child interactions are the building blocks of every child's learning experience, especially for our littlest ones. This workshop will share best practice techniques to increase the quality of your classroom interactions as we examine the importance they play in your daily routine.</p> <p>CDA Competency Goal: III and VI VA Competency Goal: VI Registration: training@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Tuesday, March 23 6:30-8:30PM</p>	<p>Program Subsidy Orientation Cost: Grant Funded</p>	<p>This orientation session is recommended for individuals/programs interested in the VDSS Subsidy Vendor Program to learn about the application process, all program requirements, and resources available to assist you, such as Child Care Aware of Virginia's technical assistance and training programs, in collaboration with the Virginia Department of Social Services (VDSS).</p> <p>Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Wednesday, March 24 12:30-1:30PM</p>	<p>Director's Forum Cost: Grant Funded</p>	<p>If you are current Subsidy Vendor or potential Vendor, this forum is for you! Directors/Assistant Directors join your Child Care Aware of Central Virginia specialists to discuss best practices in maintaining/developing strategies to uphold the Subsidy Requirements for centers and family day homes. Topics can include Emergency preparedness plans, maintaining records, and more. Participants will be able to learn from each other and share.</p> <p>Registration: pkoon@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	
<p>Thursday, March 25 6:30-8PM</p>	<p>CDA Class Cost: \$10 for Virginia Quality Participants, \$20 for non-Virginia Quality Participants Payment for attendance must be</p>	<p>Chapter 5 (Cognitive) and the CDA Observation</p> <p>Participants must have attended an orientation prior to attending class.</p> <p>CDA Competency Goal: II VA Competency Goal: II Registration: ckern@childsavers.org</p>	<p>Zoom Meeting</p> <p>Capability to connect to Zoom with a web camera and microphone is required for participation.</p> <p>Log in information will be provided prior to date of session</p>	

	received prior to class.			
Thursday, March 25 6:30-8:30PM	Support for Breastfeeding Families in Early Care Settings Cost: Grant Funded	By participating you will demonstrate your program's commitment to best practices in infant nutrition, support families' commitment to breastfeeding, and their child's healthy start. Then you can educate teachers and families about the importance of breastfeeding for infants and young children. Early childhood programs serving infants and young children will also learn about the steps to be recognized as a Virginia Breastfeeding Friendly Early Care program. CDA Competency Goal: I and IV VA Competency Goal: I and IV Registration: pkoon@childsavers.org	Zoom Meeting Access to a telephone and computer with internet connection required Log in information will be provided at time of registration	
Tuesday, March 30 1-2PM	Simple Science to Spark Children's Curiosity** Cost: Grant Funded; Space is limited for non-Virginia Quality participants.	Science does not have to be complicated! This training will look at different ways you can easily incorporate scientific inquiry into your class to get children exploring, observing, and curious. The content of this training is geared towards preschool age children. CDA Competency Goal: III VA Competency Goal: II Registration: training@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	
Tuesday, March 30 6:30-8PM	Strengthening Business Practices for Family Day Homes *** Module III: Marketing Your Program Cost: Grant Funded	The purpose of this training is to strengthen childcare providers' understanding of marketing tools, audiences, and elements necessary to develop a marketing plan. It encourages providers to tailor marketing practices to the audience they are trying to reach and to develop effective communication strategies to promote their services. The person conducting the training is an Impact Registry Trainer (IRT). CDA Competency Goal: V VA Competency Goal: VII Registration: dbillups@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	
Wednesday, March 31 12:30-1:30PM	Director's Forum Cost: Grant Funded	If you are current Subsidy Vendor or potential Vendor, this forum is for you! Directors/Assistant Directors join your Child Care Aware of Central Virginia specialists to discuss best practices in maintaining/developing strategies to uphold the Subsidy Requirements for centers and family day homes. Topics can include Emergency preparedness plans, maintaining records, and more. Participants will be able to learn from each other and share. Registration: pkoon@childsavers.org	Zoom Meeting Capability to connect to Zoom with a web camera and microphone is required for participation. Log in information will be provided prior to date of session	



* The VA ITS Network is a program of Child Development Resources and is supported by the Virginia Department of Social Services (VDSS) Grant #93.575, with funds made available to Virginia from the U.S. Department of Health and Human Services.

** This project was supported by the Virginia Department of Social Services (VDSS) Grant #93.575, with funds made available to Virginia from the U.S. Department of Health and Human Services. Points of view or opinions contained within this document are those of the author and do not necessarily represent the official position of VDSS or the U.S. Department of Health and Human Services.

***This document was developed by the National Center on Early Childhood Quality Assurance with funds from Grant #90TA0002-01-00 for the U.S. Department of Health and Human Services, Administration for Children and Families, Office of Head Start, Office of Child Care, and Health Resources and Services Administration in cooperation with the Education Development Center.

For trainings associated with a fee, payment is due at the time of registration.